

# HALIFAX metro®

NEWS WORTH SHARING.



Riders board a Halifax Transit bus along Barrington Street on Monday. JEFF HARPER/METRO

## ‘Our buses are not safe enough’

**Halifax Transit.** Union president for drivers sounds alarm after latest gun scare

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After the recent arrest of a man who allegedly boarded a city bus with a loaded gun, the president of the union representing Halifax Transit drivers says he wants to see better security on buses.

Ken Wilson of the Amalgamated Union Local 508 said

Monday he was not surprised to learn that Halifax Regional Police seized a sawed-off long gun from a 19-year-old man who was riding a bus headed to Preston Sunday night, explaining reports of passengers boarding buses with weapons “happens more often than not.”

An earlier incident of a similar nature took place in October when a man left a bag containing a loaded gun on a bus on Albemarle Street in downtown Halifax.

“I do think our buses are not safe enough,” Wilson said.

He explained he’s been

### Quoted



“This is a scary world. This is 2014.”

Ken Wilson of the Amalgamated Union Local 508

receiving phone calls from worried transit drivers since Sunday evening, asking if they have any right to ask what’s in a passenger’s bag — which Wilson said they don’t.

He believes toughening up security on buses is paramount, saying transit drivers

are as vulnerable as police officers and home care workers, who are routinely placed in unpredictable and oftentimes difficult situations for their line of work.

A spokeswoman for Halifax Transit called this most recent incident “unfortunate,” but explained there are a number of security measures already in place to protect drivers and passengers.

Tiffany Chase said there are nearly 1,500 cameras installed on buses and in larger terminals, such as the Bridge Terminal in Dartmouth.

But with more than 100,000 people riding the bus daily,

she believes Sunday’s event is “an exception incident, rather than the norm.”

“Video cameras are great, but they’re no better than a lock on your front door. If someone wants to break the law or do something, they’re gonna do it regardless,” Wilson said.

The only way he believes drivers and passengers will be better protected is if police officers begin to ride along and monitor the buses as a part of their beat.

Wilson said he has a scheduled meeting with Mayor Mike Savage to discuss security on Halifax Transit for Dec. 16.

## Not wanted: Rodents as roommates

Dalhousie students living in Howe Hall ‘not too comfortable’ with the mice that have invaded their residence

PAGE 4

## Senators fire head coach

Less than 18 months after being honoured as the NHL’s coach of the year, Nova Scotia’s Paul MacLean is out of a job

PAGE 17



## Brightening Barrington Street

3D interactive mosaic installed on ‘eyesore’ stretch features 400 ceramic blocks that spin to allow people to create their own pixel art

PAGE 5



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## Ferry terminal gets shifted over to a new location

A section of a Halifax Transit ferry terminal gets towed on the Halifax Harbour into the Woodside terminal on Monday. JEFF HARPER/METRO

### Approaching storm

## Halifax could be in for a soaking

Rain, and a lot of it, could be coming our way this week.

Environment Canada issued a special weather statement for Halifax on Monday in regards to a large low pressure system developing along the eastern seaboard that is forecast to bring a significant amount of rain to the province.

The rain is expected to begin on Tuesday night and continue throughout the day Wednesday.

The weather statement doesn't give any specific expected amount of rainfall, but it advises people to monitor future forecasts.

"Some uncertainty remains with respect to the track of the system which would impact amounts," the statement reads.

METRO

# RCMP use stats to fight drunk drivers — and other Grinches

**Operation Hawkeye.** Police say hot spot mapping helps track drunks' driver routes



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The RCMP in Halifax are expanding the use of crime analytics to map not only the "hot spots" where impaired

driving offences happen, but the "hot routes" as well.

Halifax RCMP Supt. Roland Wells told the HRM Board of Police Commissioners Monday that the RCMP crime analysts are using new software to examine data on impaired driving arrests over the last four years.

"So she's tracked where and when we have impaired driving, who's most likely to be there, what areas they travel, when they travel there, and we're going to get

there in advance," he said.

The analysis will guide the RCMP's attack on impaired driving over the holidays, directing everything from daily patrols to what are called "focus checkpoints."

"It's ... not just doing a checkpoint for the sake of doing it, because it's a lovely day," he said, adding that serious injury and fatal collision numbers have both fallen in the Halifax RCMP's jurisdiction.

"It's doing it when it's the

right time and right place to do it."

In addition to cracking down on impaired drivers, Wells said crime mapping will also help thwart thieves trolling parking lots for unlocked cars full of Christmas gifts.

"Knock on wood, but last December, we essentially eliminated the issue, which was unheard of," he said. "So I said well, it worked last year, we'll try it again this year."

He said Operation Hawk-

eye will once again be in effect, with regular members and Citizens on Patrol out in full force in those parking lots and communities where more than four years of data shows thefts and shoplifting have been recurring problems.

"That presence, in places where criminality might be considered low-hanging fruit, when you see that presence around, you might say OK, this is not the night, I'm going to walk on," he said.



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# Pedestrian safety a concern at South and Lemarchant

**'The intersection is absolutely not safe.'**

Neighbourhood resident says a serious collision at the crosswalk is only 'a matter of time'



HALEY RYAN

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A 21-year-old man suffered minor injuries after police say he was struck in a crosswalk at South and Lemarchant streets Friday, and one neighbour says it's "a matter of time" until a more serious collision happens.

Dr. Brad McRae, author and Dalhousie University instructor, lives in the area and says he wasn't surprised to hear of a collision there because drivers often speed down South Street.

"There were six different police cars, fire trucks and ambulances, so it

## Quoted

**"There are numerous reasons for the increase in pedestrian accidents. Lack of civic action should not be one of them."** Brad McRae, author and Dalhousie University instructor

looked really severe — and next time it could be," McRae said. "The intersection is absolutely not safe."

McRae said he has twice asked Halifax police to test the speeds of cars going down South Street, which ranged up to 60 km/h. He said this is concerning because even at 55 km/h, it takes 12 car lengths to stop completely.

He added the crosswalk signs are old, rusted and hard to see, the crosswalk is at an unusual angle, lighting is poor and because buses turn into Lemarchant, they come across the road and sight lines are "very bad."

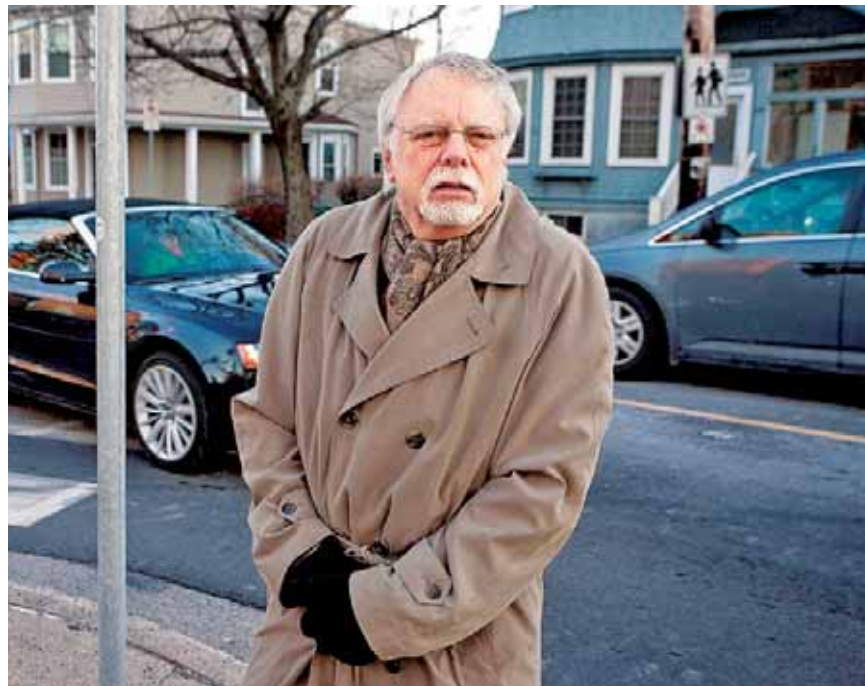
"You can't see anything and traffic gets backed up," McRae said, adding he has seen near misses as well.

"There are many, many students that use that intersection so it's just a matter of time until another one happens."

Although McRae said he has contacted Coun. Wayne Mason and the Crosswalk Safety Advisory Committee and shown them photos of the intersection and the speed data from police, no action has been taken.

McRae said he would like to see green fluorescent signage and overhead lights to increase visibility.

Despite multiple awareness campaigns from police and HRM, crosswalk collisions have not taken a dip and McRae said they seem to have "gotten worse," although zebra markings have been helpful in some intersections.



Dr. Brad McRae poses for a photo near a crosswalk at South and Lemarchant streets in Halifax on Monday. JEFF HARPER/METRO



Deputy Chief Bill Moore JEFF HARPER/METRO

## Police to study crosswalk unit idea

Halifax Regional Police brass say a proposal for a new unit to patrol the city's crosswalks has some merit, but may have some practical difficulties.

Dartmouth resident Norm Collins made a short presentation to the city's Board of Police Commissioners Monday to ask for a recommendation in support of a full-time

Crosswalk Enforcement Unit.

Collins suggested the unit of four to six officers would be revenue neutral, thanks to the income generated by a target of 3,600 tickets per year.

"It has the opportunity to address the issue without diverting resources," he said. "And unlike other initiatives, it has the opportunity to gen-

erate revenue and pay for itself."

But Halifax Regional Police Deputy Chief Bill Moore said that having officers essentially "staking out" crosswalks looking for scofflaws may not result in a reduced number of collisions.

He also said that he's hesitant to create a new unit that is dependent on ticket rev-

enues, noting there's a reason that money is never included in the police budget.

"We should be writing tickets for safety issues, not as a revenue generation piece," he said.

"I don't want ever, as a department, to be accused that we're just out there writing tickets to generate money."

RUTH DAVENPORT/METRO



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# Dalhousie residence faced with a gnawing problem

**Howe Hall.** Students at school's largest residence dealing with exams — and mice

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Many students in one Dalhousie University residence are dealing with more than just the stress of the coming exam season, as they live with a far fierier problem.

Mice are the roommates that 18-year-old Lauren Bertrand didn't expect when she moved into Howe Hall, located along Coburg Street, when she began school in the fall.

"They're normally just scurrying under the bed.... I'm not too comfortable with it," Bertrand said of the rodents Monday.

"It's kind of gross for them to be in our living space."

Ian Palmer says he'd heard rumours about mice from his

other friends in residence, but finally had his first run-in with a four-legged critter once the weather turned colder.

"Me and my roommate have one that lives in our wall. It just runs around back and forth at night," he explained, saying the residence's mouse trouble is "pretty obvious."

"They run all over the place sometimes. Some people catch them."

Howe Hall, the largest of Dalhousie's campus buildings, is home to 716 students, many of whom are in their first year. The campus is split into six different houses, and range in price from \$6,950 to \$7,475 per year.

Many students explain the mouse problem has been a running joke on campus for years, saying people swap rodent stories like they ask what you did last weekend.

"I don't know what (the university) can do," student Katie Wood said of the problem.

Students say the mice are the biggest pest to those who live in the residence's older



Howe Hall at Dalhousie University in Halifax on Monday. Students say the residence has a mouse infestation. JEFF HARPER/METRO

## Quoted

**"Once it got a bit colder you started to notice (the mice) a bit more. I guess they all just came inside."**

Ian Palmer, Dalhousie University student

buildings, Smith and Bronson House, but report having seen them elsewhere, including in the hallways and crawling from the vents in the building's cafeteria.

"They're really cute.... But still, the fact that they were where we eat, I was a little grossed out by that," student Madison Afonso said Monday.

A communications officer

from the university reported the number of mouse sightings is typical for this time of year, and said that traps are set up in the ceiling and basement of the residence.

The university also brings in pest control once a week, and has plans to set up extra traps in bedrooms and common areas while students are away on holiday break.



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A pedestrian walks past a new brightly coloured art installation along Barrington Street on Monday. JEFF HARPER/METRO

# Barrington Street gets colour blast

**Pixel art.** Spin, play, create images on interactive 3D display



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A colourful Halifax project is putting a new spin on Barrington Street.

As a main part of the Barrington Benches project led by Fusion Halifax and the Downtown Halifax Business Commission, a piece featuring 400 ceramic blocks that spin to allow people to create their own pixel art was installed Friday at the corner of George and Barrington streets.

"It just makes people think that downtown doesn't have to be like a concrete jungle," said Natalie Irwin on Monday, director of Fusion's urban development action team.

velopment action team.

"It's not grey everywhere. It can be interactive and fun."

The overall aim of sprucing up the "eyesore" that was the stretch of Barrington across from Grand Parade has been in the works since 2013, Irwin said, when Coun. Wayne Mason put up \$20,000 in funds that the commission soon matched to replace the old benches, install art, and put in new shrubs and greenery this spring.

During Nocturne in 2013, Irwin said over 1,000 people submitted ideas by stapling notes to the wooden planters and benches about what they would like to see there, leading to the 3D mosaic created by NSCAD University students Catherine Laroche and Rory MacDonald.

The blocks show different colours on each side, allowing anyone to spin them and create an image while waiting for the bus or walking by.

## Quoted

**"It just makes people think that downtown doesn't have to be like a concrete jungle ... It's not grey everywhere. It can be interactive and fun."**

Natalie Irwin, director of Fusion Halifax's urban development action team

Irwin said people weren't sure what to think at first because it's so different, but some have been playing with it and sharing their photos with the hashtag #barringtonblocks on social media.

Improving the Barrington area in general is important to try and draw more people back to the downtown core, Irwin said.

"There are some fun things here, and kind of make it an attractive interesting city."

# Support for Liberals remains strong: Poll

Voter support and satisfaction with the governing Liberals one year after they took office is holding steady, according to a new survey.

The Corporate Research Associates quarterly political poll shows that 63 per cent of respondents are satisfied with the McNeil government's overall performance, up slightly from 61 per cent three months ago.

One quarter of respondents stated they were dissatisfied, while 11 per cent didn't offer an opinion and one per cent said it's too soon to tell.

The breakdown of support among decided voters was virtually identical to results of the same survey taken in August.

Among decided voters, 64 per cent said they support the Grits while 18 per cent chose the Progressive Conservatives.

Fifteen per cent support the NDP and three per cent the Greens. Thirty one per cent of respondents were undecided while five per cent refused to state a preference. The final six per cent either support none of the parties or do not plan to vote.

Support for Liberal leader Stephen McNeil also held steady at 47 per cent, compared to 48 per cent three months ago. Tory leader Jamie Baillie saw his numbers slip slightly from 19 to 14 per cent.

Maureen MacDonald was the choice of 11 per cent of



Premier Stephen McNeil.  
JEFF HARPER/METRO

respondents, up from nine per cent in August, while support for John Percy of the Green party was up from three to four per cent. **METRO**

## Sheet Harbour

### RCMP seize drugs, weapons from Sheet Harbour home

A 20-year-old man is facing 19 charges after police say drugs and weapons were seized from a home in Sheet

Harbour.

The RCMP say several long guns, a Mosin-Nagant rifle, two Lee Enfield rifles, three bayonets and one SKS Simonov rifle with a scope were all seized during the Dec. 3 search.

Ammunition was also found, along with marijuana, police say.

Stephen James Power, 22, was arrested at the scene and is facing charges that include trafficking firearms, illegal possession of firearms and possession for the purpose of trafficking marijuana.

A 20-year-old Sheet Harbour man is also facing a single count of possession of marijuana. **METRO**



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The Central Nova Correctional Facility in Burnside is shown in this file photo. JEFF HARPER/METRO

# Another inmate mistakenly let go

## Burnside jail.

Inmate brought  
back to Central Nova  
Correctional Facility  
several hours later

### Latest incident

Since December 2007, there have been six people who were released from the custody of the Central Nova Scotia Correctional Facility by mistake.

- In all cases, the inmates were returned, though some of them turned themselves in.

Nova Scotia's Justice Department is reviewing the premature release of another inmate from the Central Nova Scotia Correctional Facility.

At around 6 a.m. Monday, an offender serving an intermittent sentence at the Halifax jail was released from custody 12 hours early.

The offender was located and taken into custody about four hours later.

His sentence, which is for

a breach of recognizance for failing to attend court, requires that he report to the jail on Saturdays at 8 p.m. with a scheduled release on Mondays at 6 p.m.

The Justice Department has launched an internal review to find out what happened.

This latest mistaken release comes a month after the jail mistakenly released a man facing charges including attempted murder.

In that case, the Justice Department said jail staff did not verify the man's identity before releasing him, as per protocol.

THE CANADIAN PRESS

### Amherst

## Fire forces family from home

A fire Sunday night in Amherst has forced a family of four from their home.

The Canadian Red Cross says their two-storey home was extensively damaged.

The fire on Admore Avenue was reported shortly before 7 p.m.

The Red Cross is offering the family help and says they'll be staying with nearby relatives for now.

There's no word on the cause of the fire.

Firefighters faced more than just heavy flames in the blaze. There were also bitterly cold temperatures with the thermometer at -12 C with a wind chill of -23 C. THE CANADIAN PRESS AND CUMBERLAND NEWS

## Ingonish. Man found guilty in stabbing case

A Cape Breton man was found guilty on one count of aggravated assault Monday, stemming from a stabbing incident in Ingonish Beach in August 2013.

Colton Joseph MacKinnon, 23, of Howie Centre, had also been charged with three counts of attempted murder and two other counts of aggravated assault. Those charges were dismissed.

Provincial court Judge Peter Ross allowed MacKinnon to continue his release on several conditions, including that he stay out of Victoria County, until his sentencing hearing on Jan. 6.

The charges flow from an

### Victims

Two of the men stabbed were treated at the Cape Breton Regional Hospital in Sydney, while a third was transferred to the QEII hospital in Halifax with injuries described as serious at the time.

early morning incident Aug. 3, 2013, during which three men were stabbed.

Police said a house party was breaking up at the time when a fight broke out and three men, ages 18, 19 and 20, suffered stab wounds.

CAPE BRETON POST

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## Highway 101. Jersey barriers needed: MLA

The MLA for Kings North is once again calling on the Liberal government to install Jersey barriers — modular concrete barriers — on a dangerous stretch of Highway 101.

The most recent accident claimed the life of a 24-year old woman near Falmouth after a head-on collision Dec. 1.

"It's frustrating to see young lives taken this way and no action from the Liberal government," Tory MLA John Lohr says in a statement Monday.

Lohr says having Jersey barriers installed in this area would most likely lessen the severity of the accidents occurring here.

"At the very least, it would ensure that head-on collisions involving two or more cars would be reduced," he says.

### Impact on first responders

"Repeatedly being called to the same location for such horrific accidents, that are often preventable, is having a real impact on our first responders."

MLA John Lohr in a release.

With the ongoing accidents and mounting fatalities, first responders are also experiencing heightened levels of Post-Traumatic Stress Disorder, he proclaims.

"The Liberal government must act to prevent these accidents and the trauma associated with them. A competent place to start would be to install these potentially life-saving barriers."

KING'S COUNTY REGISTER

## John Lynn. Fired ECBC CEO takes up a new job

John Lynn has taken on a new venture. The former CEO of Enterprise Cape Breton Corp. is listed on the Registry of Joint Stocks website as president and a director of Blueline New Holland Ltd. He has purchased the company with partner Stuart Rath.

According to the company's website, Blueline New Holland sells farming equipment. Lynn was fired from ECBC in May.

After carrying out an investigation into Lynn's conduct as ECBC CEO, integrity commissioner Mario Dion found there was wrongdoing on Lynn's part when he appointed four people with Conservative ties to executive positions at

### Wrongdoing denied

John Lynn has denied any wrongdoing in relation to the allegations.

ECBC, without competitive hiring processes.

Following a separate probe, the federal conflict of interest and ethics commissioner also determined that Lynn breached the Conflict of Interest Act while he headed the federal Crown corporation. At issue was almost \$14,000 that Lynn received for doing 8.5 days of consulting work for a company not named in the report while he was ECBC CEO.

CAPE BRETON POST



## Warmer temperatures on the way

A fisherman hauls in the traps near McNabs Island on Monday. Temperatures were well below freezing on Monday, but warmer temperatures are forecast for later in the week. JEFF HARPER/METRO

# Unions to argue against law that cuts bargaining units

**Health Authorities Act.** Protests haven't helped in changing government's mind

ated an arbitration process to reduce the number of bargaining units in the province from 50 to four — with distinct unions for nurses, health-care workers, clerical staff and support staff.

Arbitrator James Dorsey has already ruled in a preliminary decision that he might balance constitutional arguments against some provisions of the legislation.

Danny Cavanagh, the president of Local 734 of the Canadian Union of Public Employees, says his union will argue that the law violates the constitutional right to freedom of association and expression.

Cavanagh says his union will ask Dorsey to create an

Union lawyers in Nova Scotia will argue this week before an arbitration hearing that begins Tuesday that a provincial law that shrinks the number of bargaining units for health workers breaches the Constitution.

The Health Authorities Act introduced by the Liberal government earlier this year will merge the number of health districts from 10 to two by April 1.

The legislation also cre-

### Decision day

Arbitrator James Dorsey is expected to deliver a decision by Jan. 1.



Joan Jessome JEFF HARPER/METRO

lawyers will take a similar approach.

Joan Jessome, the president of the Nova Scotia Government and General Employees Union, says her union's lawyers will argue that its members should be allowed to vote on which union they belong to.

Janet Hazelton, the president of the Nova Scotia Nurses Union, was unavailable for comment.

THE CANADIAN PRESS

association where each of the four unions involved retain their existing members but join together for bargaining.

Lana Payne, regional director of Unifor, says her union's

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### Wolfville

## Restaurant in Valley closing its doors

A Wolfville restaurant will be closing its doors for good on Dec. 20.

Front and Central chef Dave Smart says via email that he made the "tough decision to close up the restaurant" due to financial reasons.

"It has been a challenging uphill climb financially and I am unable to fund the business any longer. So after 2-1/2 years of operation, I

### Quoted

"It has been a challenging uphill climb financially."

Chef Dave Smart

am forced to close the doors of the restaurant," Smart said in a Facebook post that also thanked customers, suppliers and staff.

Smart added that he will continue to be supporting the wine, agriculture and food industry in the Valley from the sidelines.

KING'S COUNTY REGISTER

### Amherst robbery

## Man struck in the head, wallet taken

Amherst police are investigating an alleged assault and robbery in the town's shopping district.

A 23-year-old man was struck on the back of the head while walking the pathway from Fernwood Drive to the Amherst Town Square Mall about 9 p.m. on Sunday and \$50 taken from his wallet.

The suspect is described as having a smaller build and wearing dark clothing. CUMBERLAND NEWS



## Video. Muslim group denounces call for attacks

A leading national Muslim group has categorically denounced the latest call for violence against Canada and other nations by the terror group that calls itself the Islamic State of Iraq and the Levant (ISIL).

"We condemn the depraved violence and extremism by this and other terror groups," Ihsaan Gardee, executive director of the National Council of Canadian Muslims, said on Monday.

The council's comments come on the heels of reports that John Maguire of Ottawa, who now calls himself "Abu Anwar al-Canadi" and "Yaha," has posted a propaganda video online. His video calls for terror



**Ihsaan Gardee of the National Council of Canadian Muslims, right, is seen presenting an award at the NCCM's March 2014 Gala.**

attacks in Canada in response to Canada's participation in a coalition against ISIL.

TORSTAR NEWS SERVICE

## Safety concerns

## Canadian Embassy in Cairo closed

The Canadian Embassy in Cairo has been closed amid security concerns, one day after the British Embassy suspended its services because of safety worries.

Three senior Egyptian

security officials said that recent arrests of suspected militants revealed plans to target the embassies, abduct foreign nationals and assassinate public figures. They did not elaborate.

The embassy announced its closure locally through a message on its main telephone number on Monday.

THE CANADIAN PRESS

# Jihadist likely 'fed up' with Canadian society: Professor

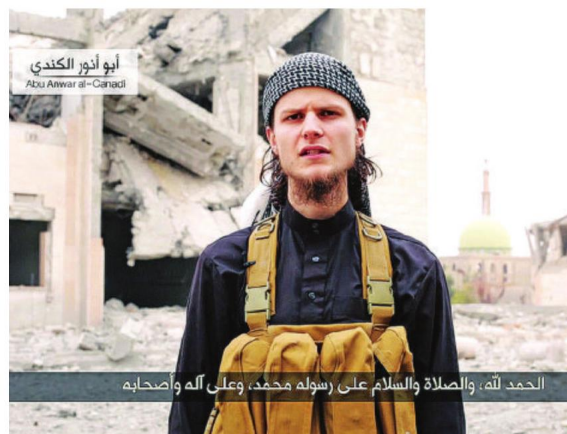
**John Maquire.**

Former Ottawa man who appears in a new extremist video seemed to lack friends, acquaintance says

John Maguire, a former Ottawa man who appears in a new extremist recruiting video, seemed to lack close friends in Canada and kept his distance from others, says an acquaintance who used to pray with him.

"People had very superficial relationships with him," said Stephane Pressault, who met Maguire four years ago during Friday prayers at the University of Ottawa. Pleasantries were exchanged, but no deep ideas were shared, said Pressault, the national co-ordinator with outreach group Project Communitas.

"It's not that he was a loner. But he didn't share his opinions



**A man who says he is a Canadian and identifies himself as 'Abu Anwar al-Canadi' is seen in this screenshot from a video, released Sunday by ISIL, that calls for attacks against Canadians. The man has been identified as John Maguire, a former University of Ottawa student who converted to Islam. HANDOUT/THE CANADIAN PRESS**

on things. And he didn't have ... a best friend, or a clique, or a group of people that he always turned to," Pressault said. "In retrospect, that's alarming."

Project Communitas is grappling with the phenomenon of

Islamic radicalization as part of its mission to foster citizenship, dialogue and youth leadership.

Maguire's video, released Sunday, urged Muslims to launch attacks against Canadians, similar to those carried

out in October in Ottawa and St-Jean-sur-Richelieu, Que.

Maguire — whose passport was apparently revoked after he left Canada — likely became “fed up” with Canadian society at some point, said Jocelyn Belanger, a psychology professor at the University of Quebec at Montreal who has studied radicalization around the world.

Belanger surmises Maguire could have been spurred to join radical Islamic militants overseas because he didn't fit in at home and felt insignificant — a typical motivation for extremists.

One can regain significance by building a successful career or becoming a role model, Belanger said, but such accomplishments take time.

This is why propaganda created by the al-Qaida splinter group known as the Islamic State of Iraq and the Levant (ISIL) has been so effective, he added: "Their ideology dictates the actions required to become a hero, a martyr, a rock star."

**THE CANADIAN PRESS**

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## Human rights

## Probe demanded in police killings of black Americans

Protesters carrying signs bearing names of black Americans killed by police have marched outside the U.S. Capitol to demand a human rights investigation. **THE ASSOCIATED PRESS**

## Cleveland

## Rice's mom wants cop convicted

The mother of a 12-year-old Tamir Rice, shot by a Cleveland policeman, says she wants him convicted for killing her son, who was carrying a pellet gun that police say looked real.

**THE ASSOCIATED PRESS**



Samaria Rice, mother of Tamir Rice, speaks during a news conference Monday. **THE ASSOCIATED PRESS**

## Justice Department

## Obama admin bans profiling by law enforcement

The Obama administration issued guidelines Monday that ban federal law enforcement from profiling on the basis of religion, national origin and other characteristics, protocols

the Justice Department hopes could be a model for local departments as the U.S. tackles questions about the role race plays in policing.

The policy, which replaces decade-old guidelines established under the Bush administration, also will require federal agencies to provide training and to collect data on complaints. **THE ASSOCIATED PRESS**

## Israel

## Lawmakers dissolve parliament

Israeli lawmakers unanimously voted Monday to dissolve parliament, officially ending the legislature's term two years ahead of schedule and kicking off the country's election campaign ahead of a March 17 nationwide vote.

**THE ASSOCIATED PRESS**

# New Delhi bans Uber after driver accused of rape

**Blow for ride-sharing service.** Based on hailing cars from a smartphone app

The Indian capital on Monday banned taxi-booking service Uber after a woman accused one of its drivers of raping her.

Transport official Satish Mathur made the announcement as the 32-year-old suspect appeared in a New Delhi court.

The court ordered Shiv Kumar Yadav held for three days for police questioning over allegations that he raped the finance company employee after being hired to ferry her home from a dinner engagement on Friday night.

The court also ordered Yadav's cellphone confiscated, according to Press Trust of India.

The case, almost two years after a young woman was fatally gang raped on a bus in the capital, has renewed national anger over sexual violence in India and demands for more effort to

ensure women's safety.

The government rushed through legislation last year to double prison terms for rape to 20 years and to criminalize voyeurism, stalking and the trafficking of women.

But activists say much more needs to be done, including better educating youths and adding basic infrastructure such as street lights and public bathrooms.

The CEO of San Francisco-based Uber, Travis Kalanick, said the company would do "everything to bring the perpetrator to justice and to support the victim and her family in her recovery."

He also sought to deflect some of the blame on to officials, saying the company would work with the government to establish clear background checks that are "currently absent in their commercial transportation licensing programs."

It was not immediately clear if Uber itself performed any background check, nor was it clear whether Yadav would even have been flagged. **THE ASSOCIATED PRESS**



## NATO soldiers lower the flag on Afghanistan mission

NATO soldiers fold the flag of International Security Assistance Force Joint Command, the NATO entity in charge of combat operations in Afghanistan, during a flag-lowering ceremony in Kabul, Afghanistan, Monday. The U.S. and NATO ceremonially ended their combat mission in Afghanistan on Monday, 13 years after the Sept. 11 terror attacks sparked their invasion of the country to topple the Taliban-led government. **MASSOUD HOSSAINI/THE ASSOCIATED PRESS**

## ISIL. Yemen's al-Qaida denounces beheadings

A senior military commander of al-Qaida in Yemen denounced on Monday beheadings carried out by the group's Islamic State of Iraq and the Levant (ISIL) rivals, calling the act and its filming for propaganda purposes barbarous and asserting that U.S. drone strikes are expanding al-Qaida's popularity in the country.

The comments, by Nasr bin Ali al-Ansi, came in a video

response to questions by reporters posted on one of the group's Twitter accounts.

It appeared to have been recorded before Saturday's killing of two hostages — an American and a South African — during an attempted U.S. rescue from al-Qaida militants. Both groups regularly execute prisoners, but beheadings and other brutal acts have become a trademark of ISIL. **THE ASSOCIATED PRESS**

## Raid. Yemen knew of effort to release hostage: NGO

The government in Yemen, a U.S. ally, was kept informed about a South African aid group's efforts to negotiate the release of a South African hostage before he died in a U.S. raid on al-Qaida militants, the head of the aid group said Monday.

The comments by Imtiaz Sooliman, founder of Gift of the Givers, came amid questions about what of-

ficials of various governments knew, if anything, about efforts to release South African Pierre Korkie, who was said to be close to being freed even as another hostage with him, American Luke Somers, appeared to face imminent execution.

The two men were killed Saturday during a U.S.-led rescue attempt.

**THE ASSOCIATED PRESS**

# Private jet crashes into Maryland home, kills at least 3



Firefighters stand outside a house in Gaithersburg, Md., Monday, where a small plane crashed. **THE ASSOCIATED PRESS**

A small, private jet has crashed into a house in Maryland's Montgomery County on Monday, killing at least three people on board, authorities said.

Preliminary information indicates at least three people were on board and didn't survive the Monday crash into home in Gaithersburg, a Washington, D.C. suburb, said Pete Piringer, a Montgomery County Fire and Rescue spokesman.

He said a fourth person

may have been aboard.

Piringer said the jet crashed into one home around 11 a.m., setting it and two others on fire. Crews had the fire under control within an hour and were searching for anyone who may have been in the homes.

Television news footage of the scene showed one home nearly destroyed, with a car in the driveway. Witnesses told television news crews that they saw

the airplane appear to struggle to maintain altitude before going into a nosedive and crashing.

An FAA spokesman said preliminary information shows the Embraer EMB-500/Phenom 100 twin-engine jet was on approach at the nearby Montgomery County Airport.

The National Transportation Safety Board is sending an investigator to the scene.

**THE ASSOCIATED PRESS**



# Assignment at U of T pulled

**University of Toronto.** Graduate business school pulls class assignment over concerns of sexism

The Rotman School of Management has pulled a controversial class assignment from a first-year MBA course after concerns were raised about its portrayal of women.

The assignment, issued last week for a class on capital markets, features a fictional female business student who is offered a public relations job with her "favourite company of all time," jeweller Tiffany and Co. She is struggling to decide which compensation package she should accept.

Several students in the University of Toronto's graduate business school were openly dismayed by the assignment, saying there is "just so much wrong" with

its portrayal of "Elle Forest," a ditzy female who requires the assistance of her Yale-educated boyfriend to figure out which compensation package she should accept.

Torstar News Service received a copy of the assignment from a student, who was unimpressed by its depiction of the hapless lead character.

Torstar took those complaints to the Rotman School of Management on Thursday. Students told the Star that Professor Kent Womack, who teaches the capital markets class, later apologized verbally for the assignment, which was he said written by a teacher's assistant. He then advised the class to think carefully before speaking to the media, according to students.

One student, who asked not to be identified over concerns of reprisal, said some classmates started to clap after the professor advised against commenting to the press. **TORSTAR NEWS SERVICE**



## Pong creator dies

German-American game developer Ralph Baer shows the prototype of the first games console, invented by him in this image from the Games Convention Online in Leipzig, Germany. The video-game pioneer, who created both the precursor to Pong and the electronic memory game Simon, has died. He was also the leader of the team that developed the Magnavox Odyssey, the first home video-game console. Baer, who was born in Germany and escaped the Holocaust with his family, was a longtime resident of Manchester, N.H. The Goodwin Funeral Home confirmed Monday that he died at his home Saturday. He was 92. **JENS WOLF/THE ASSOCIATED PRESS FILE**

### Angers activists

## Facebook seems to be courting China

A Chinese government news portal released a photo Monday of Facebook founder Mark Zuckerberg with a copy of Chinese President Xi Jinping's book on governance at his desk while hosting the country's top Internet regulator. The gesture, interpreted as an effort by Zuckerberg to court the government, disappointed and angered activists. Facebook is blocked in China.

**THE ASSOCIATED PRESS**

### Market Minute

**DOLLAR**  
87.09¢ (-0.38¢)

**TSX**  
14,144.17 (-329.53)

**OIL**  
\$63.05 US (-\$2.79)

**GOLD**  
\$1,194.90 US (+\$4.50)

**Natural gas:** \$3.62 US (-\$0.18)  
**Dow Jones:** 17,852.48 (-106.31)

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## VOICES

## ‘DEVASTATED’: EX-SEX WORKER

With Canada's controversial new prostitution law now in effect, Metro's Thandi Fletcher talks to advocates for their take on why Bill C-36 puts sex workers at risk



**THANDI FLETCHER**  
Metro in Vancouver

When Kerry Porth worked in the sex trade a decade ago, she says she never encountered a situation where she felt in danger.

Although she struggled with severe drug addiction, poverty and occasional homelessness at the time, Porth credits her ability to stay out of harm's way with being able to work from home, where her partner was always nearby.

"I think that speaks to the value of being able to work indoors and have someone there to protect you," she said.

Porth, now an advocate for sex workers' rights and a board member for Vancouver's Pivot Legal Aid Society, fears Bill C-36, Canada's new prostitution law, will compromise the safety of those still working in the sex trade.

"I'm pretty devastated about it," said Porth, who appeared before the House justice committee in July to speak out against the new legislation. "This bill is really going to place sex workers in further harm."

Justice Minister Peter MacKay has said that once passed into law, the prostitution bill will mean safer conditions for sex workers. But for Porth, the claim is laughable.

#### In harm's way

**"While we continue on with this failed experiment, sex workers' lives are going to be at stake."**

Kerry Porth, former sex worker

Over the past year, she and others have worked tirelessly to convince government of the link between criminalization of prostitution and violence against sex workers.

She said the new law will make prostitution more dangerous by driving sex work into the shadows, rushing communication with clients and preventing sex workers from properly screening clients.

For sex workers who operate indoors, she said, the new law makes it difficult for them to advertise their services, forcing them to place vague classifieds.

"They can't be explicit about what acts they're willing to perform," she said, adding that this could drive some sex workers to the street in search of new clients.

The new law also heightens safety risks for street-level sex workers. Under the new law, she said sex workers wouldn't be inclined to work in well-lit areas because clients will want to



Kerry Porth says Canada's new prostitution law will put women in danger. THANDI FLETCHER/METRO IN VANCOUVER

avoid police detection.

Already, she said, her fears are being realized.

The day Bill C-36 received royal assent, Porth said a sex-worker friend told her three

clients had refused to provide their real names and phone numbers.

"Those are essential screening techniques that sex workers employ," she

said. "Clients are going to be really leery about complying with screening techniques when they fear there's a police officer on the other end of the phone."

#### Old vs. new

Last December the Supreme Court of Canada threw out existing prostitution laws, saying they violated the Charter of Rights and Freedoms.

- Under the old law, buying and selling sex was legal, but activities around it were illegal. The key difference under the new legislation is that selling sex remains legal but buying sex, and communications around buying sex, will be against the law.
- It is now legal to communicate with the intention of selling sex in some circumstances. This is a change from the previous laws, which made it illegal to negotiate the sale of sex in any public place.
- It is now illegal to sell sex in public view or next to a school ground, playground or daycare centre.
- It is now legal, technically, to advertise your own services, but illegal to advertise the sale of others' sexual services.
- It is against the law to benefit materially from another person's sex work, with some exceptions.

## New prostitution law, same harm to workers: Lawyer

Metro talked to Katrina Pacey, a lawyer for Vancouver's Pivot Legal Society, for her take on the controversial new law.

**How is Bill C-36 different from previous laws on prostitution?** It's a different law, but the impact on sex workers' health and safety will be the same. Bill C-36 targets communication for the purposes of prostitution, the purchase of sexual services, advertising, and sex workers' ability to work with others

like security guards.

By targeting all of those various activities, it takes away sex workers' ability to use those relationships and situations to enhance their safety.

**Does Bill C-36 improve conditions for sex workers?**

No. Bill C-36 doesn't make anything better for sex workers. The government has tried to paint it that way. (Justice) Minister (Peter) MacKay has said that this is about rescuing

victims who are in prostitution and trying to eliminate prostitution through criminal law, but we know that neither of those objectives will be achieved.

By making it illegal to purchase sex and targeting clients, sex workers at the street level will continue to get driven into the most isolated and dark parts of the city because their clients are getting driven into those places to avoid police detection. Sex work will continue to happen, but

in an underground fashion. As a result, the whole industry gets made less safe.

**How is Bill C-36 going to change things for sex workers?** It is going to continue to create a distrustful relationship between sex workers and police, who they would like to be able to count on for support.

What we don't know at this point is what enforcement is going to look like. It's up to the various police

departments and RCMP detachments to decide how vigorously they're going to enforce (the law).

In Vancouver, the police have made some very promising and progressive statements that they're not interested in arresting people who are engaged in adult sex work that is consensual.

While we wait for these laws to go through a court challenge, we hope that other police departments will follow suit.

**What's next?** There's a conversation happening around the country now among sex workers, organizations and lawyers about what a court challenge would look like, and when and how it will happen.

We're a part of that dialogue and we're very actively thinking about litigation.

I don't have anything concrete at this moment to say about timing, but I can say for sure that a court challenge will happen. **THANDI FLETCHER/METRO IN VANCOUVER**



Gossip

NED EHRBAR

METRO'S TAKE ON  
THE WORLD OF  
CELEBRITIES



William and Kate GETTY IMAGES

## Some Big Apple tourist traps we suggest Will and Kate avoid

The British are here! The Duke and Duchess of Cambridge — who will always be Prince William and Kate Middleton to me, sorry — are, like countless tourists this month, in New York to see the sights. Although it's too late to warn them away from the Empire State Building — baby, it's cold up there — we would still like to save them some time and grief with advice on what other tourist traps they should avoid.

### Cabaret on Broadway

Or whichever bar Shia LaBeouf was drinking at before going to see Cabaret. That does not end well.

### Guy Fieri's restaurant

Although the horrendous menu at Guy's American Kitchen & Bar might be the most American thing in the world, we think the Royals would be doing themselves a favour by passing up a chance to sample the Guy-talian Nachos or the Awesome Pretzel Chicken Tenders.

### Those damn Cronuts

Speaking of food: the signature pastries at Dominique Ansel's bakery? Not worth the wait. Plus, they're pretty French, so the Brits probably want to avoid them anyway.

### The Hot Bird

Or any other Brooklyn bar currently enforcing a ban on babies. Although Prince George is sitting this trip out, it would look like a betrayal to fellow parents everywhere if Kate were to cross the stroller-choked picket line.

## Swift and Kloss make out (or just discuss the music)

Congratulations, Taylor! You've officially reached the fevered lesbian rumour stage of your career. Sources are breathlessly exclaiming that Swift and model Karlie Kloss are more than just friends, going so far as to suggest photos show the pair totally making out in the balcony at a concert by The 1975 last week. Or, you know, they could've just been trying to talk to each other during a loud rock concert.



Taylor Swift GETTY IMAGES

## Lautner a bit too popular at two Hollywood gay bars

Hey, remember Taylor Lautner? He of the Twilight franchise, who briefly "dated" best friend Taylor Swift? Maybe he thought you'd forgotten him enough that he could just relax and enjoy himself.

Well, not so much. Lautner hit up a couple of gay bars in West Hollywood recently with friends but ended up drawing a fair amount of attention.

First, model Murray Swanby got himself a selfie with Lautner at famed gay bar The Abbey. Then Lautner and pals scooted next door

to another bar, Mother Lode, but the attention got to be too much.

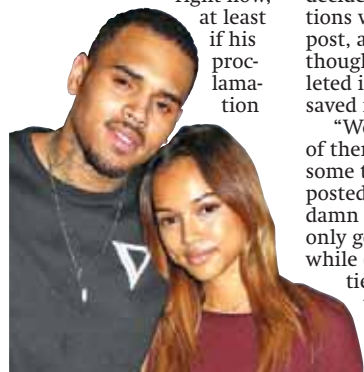
"Taylor only stayed at Mother Lode for a half-hour, but seemed to be having a blast. It is a fun gay bar with super-strong drinks, and he was in the back with two friends, who looked to be very close by their interactions," a source tells Radar Online. "Taylor was definitely trying to be incognito, it looked like, but everyone there was staring at him. I think he left because people kept asking him for photos with him and he declined."



Taylor Lautner, right, and model Murray Swanby. INSTAGRAM

## Drake dates and 'scars' led to Brown breakup

Chris Brown and on-again, off-again girlfriend Karrueche Tran are very, very off right now, at least if his proclamation



Chris Brown and Karrueche Tran GETTY IMAGES

of, "F--- that bitch!" during a recent concert appearance is any indication. He also decided to vent his frustrations with an Instagram post, although he quickly thought better of it and deleted it. Luckily MTV News saved it.

"We've got scars, some of them (you) gave me, some them I've caused," he posted. "I was locked up for damn near four months and only got one visit from you while (you) was hosting parties and taking secret trips to Toronto, going

on dates with Drake."

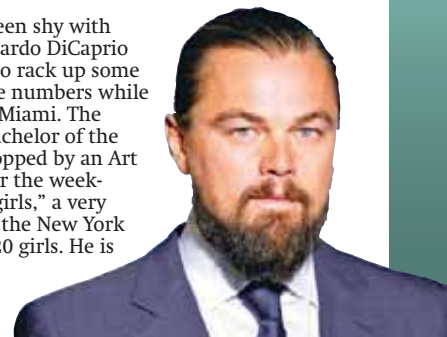
Oh, Chris. You know it's not a good idea to talk about giving your girlfriend scars when you're still on probation for assaulting a previous girlfriend, right? Well, maybe you don't.

Tran, for her part, is being quite open about the breakup, stating in an Instagram post of her own, "I refuse to be repeatedly mistreated, especially by someone who claims to love me. That's not love. And if that's what you define as love then I don't want it."

Should we be worried about that "repeatedly mistreated" part?

## Leo picks up the bachelor slack in post-Clooney era

Although he's never been shy with the ladies before, Leonardo DiCaprio is apparently looking to rack up some Wilt Chamberlain-style numbers while attending Art Basel in Miami. The reigning Hollywood bachelor of the post-Clooney world stopped by an Art Basel-related party over the weekend and "left with 20 girls," a very impressed source tells the New York Daily News. "Leo and 20 girls. He is my hero."



Leonardo DiCaprio GETTY IMAGES

2 SCENE



# K. Michelle pours her hip-hop heart out

**Music.** Rebellious songstress reveals her wounded self on new album *Anybody Wanna Buy A Heart?*

EMILY  
LAURENCE  
Metro in New York City

Those familiar with K. Michelle — whether it's by watching VH1's *Love & Hip Hop* or listening to her debut album *Rebellious Soul* — know she doesn't hold back. If you make her angry, everyone will find out. But the R&B songstress is showing a softer side with her sophomore LP, *Anybody Wanna Buy A Heart?* (out Dec. 9) and her current VH1 reality show, *K. Michelle: My Life*.

Metro talked to her about exposing her pain and letting people see the real K. Michelle.

## Heartbreak and healing

"When I was recording the album, I was really trying to come to grips with something and either get over it or decide

whether I wanted to stay in it. So it was a good time to record an album," Michelle says of the new album, which she recorded just three months ago. She tells us almost all the songs are about the same person, which Internet rumours suggest is actor Idris Elba.

Maybe *I Should Call* is especially raw, a song about being in love with a man who is having a baby with another woman. "I sent him a couple songs off the record and he said it was sad that we're in this position, but this is art. And he said it was a great vocal performance," Michelle tells us about her muse. But when asked if she saw the album as a way to have the last word, she said no, "I see it as a way to heal."

## On that Drake song

Not all the songs are intensely emotion-filled. Drake's *Would Love Me* is basically a fan's love song to Drake. "Girls look at Drake and think, 'Oh my God, he's so sweet.' He's the only one singing real love songs to girls. Other guys are offensive to women," Michelle says.

"I sent Drake the record and he loved it. He was like, 'This is dope. This is crazy. I'm so honoured.'"

## Reality TV vs. her reality

*Love & Hip Hop* fans may remember Michelle as a hot-headed drama queen, but while her current show still has plenty of drama, the singer put herself in control as executive producer to make sure that wasn't all people saw. "People get to see me as a business woman and a mother. It's hard," she says. But she certainly couldn't control everything. "The finale (which aired Dec. 8) is shocking and it was shocking for me to experience," she says. "To end the season like that, I thought, wow, (my life) really is made for TV."

## Quoted

"I sent Drake the record and he loved it. He was like, 'This is dope. This is crazy. I'm so honoured.'"

K. Michelle



K. Michelle GETTY IMAGES

## TV. Crowe takes Gander but no sign of pals

Oscar-winning actor Russell Crowe was briefly in Newfoundland on Sunday and pined for absent friends through Twitter.

Crowe tweeted out to his friends Alan Doyle of the band Great Big Sea and actor Allan Hawco that he was disappointed to land in Gander and that the pair didn't drive to meet

him, adding: "Guess I'm partying alone."

The three appeared together in the television show *The Republic of Doyle* in 2012 after Doyle and Crowe became friends.

Crowe also tweeted out selfies with no one in the background, joking that he was

"Battling through the crowds for my public appearance in Gander, Newfoundland."

The actor has more than 1.6 million followers on Twitter.

"I love Newfoundland ... just sayin'. Wish I could be here longer," he tweeted before leaving. **THE CANADIAN PRESS**

## Annie Domestic Medium Hair

2-year-old Annie came from the Kings County SPCA where she had been since March. She is a fairly large girl but not overweight. This sweetheart is timid when first approached but warms up to people quickly. She likes to sleep and it isn't uncommon to see her snuggled at the back of her kennel with a toy mouse. We believe she would welcome her very own cat bed in her new forever home. **If you are looking for an 'Annie', she is ready to meet you today...**



For more information on **Annie** and other adoptable furry friends, visit [www.pas.spcans.ca](http://www.pas.spcans.ca) or contact the Nova Scotia SPCA Provincial Animal Shelter at 902-468-7877 or [info@pas.spcans.ca](mailto:info@pas.spcans.ca)

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# Heal the mental injury, too

**Pain.** Hurting yourself during a workout has an effect on the mind

SEPTEMBRE  
ANDERSON  
life@metronews.ca

There's nothing like an injury to bring you from the top of your game to champion couch surfer. While injuries are an inconvenient part of an active lifestyle, being sidelined by one can shake even the toughest competitor.

"I can tell you from personal experience that suffering an injury is one of the most frustrating things to ever happen because you don't feel that you're ever vulnerable," said Dr. Howard A. Winston, family and sports medicine physician at the Centre for Health and Sports Medicine in Toronto.

## Prevent the hurt

Heather Gardner of Tribe Fitness in Toronto shares her tips on avoiding injuries.

- **Warm up.** Start with easy cardio lasting 15 minutes to raise your body temperature, get your heart rate up and muscles moving.
- **Build.** Slowly increase your gym time and intensity by about 10 per cent a week.
- **Don't overdo it.** "Make sure that whatever you're doing, you're listening to your body."
- **See a professional.** Consider help from a personal trainer to learn proper form.



An injury can have a lasting mental effect even after it has healed. ISTOCK

Winston played tennis at the provincial level and had to fault the finals due to personal injuries.

While many focus on the physical toll of injuries, the mental effects can't be ignored. Many athletes, recreational or professional, have found that the fear of reinjury, not the injury itself, is what holds them back.

Ryan Grant knows what it's like to be sidelined by injuries. The co-owner of HeadRush Training Center, a mixed martial arts gym in Toronto, saw his Olympic dreams shattered, literally, when he broke his hand during a boxing match.

"I went to nationals to see if I could qualify and that last year, for qualifications for nationals, I shattered my hand."

Grant spent six months in a cast and another six months in physiotherapy all while watching his competitor, the one he broke his hand on, go on to become world champion.

"Growing up, my brother went to the Olympics, my other brother was a world champion. I was supposed to be that guy," said Grant.

Grant, however, did not let his post-injury reluctance keep him from returning to the gym.

"You can't go in anything — work, school, relationships — harbouring something over the top of your head."

He built up his confidence by starting with exercises that he knew he could do and then increasing the challenge level, or what Grant calls "making sure the water's warm before getting back in there."

He also found wearing a brace — "mental reassurance," he says — helpful to regaining his mental toughness.

Grant agrees that it's the mental hurdle that's harder to get over than the physical hump. "I see it in athletes now. You'll see internal ailments

that you can't control and it'll shatter your whole hope."

"An injury is so demoralizing," Winston says. "At the same time, it happens and you know you can recover from it if it's not serious and you can get back to competing again."

Winston recommends a holistic approach to recovering from an injury that includes physical and mental care.

"Anybody who suffers an injury is best served by a multidisciplinary facility ... because all aspects of care can be covered through one roof," he said. "You're seeing people who understand your interests and concerns."

3  
LIFE

TOP  
**SIX@6**

Weeknights at 6 Kat counts down the HOTTEST songs of the day

- 6 Jason Derulo  
Trumpets
- 5 Mark Ronson ft Bruno Mars  
Uptown Funk!
- 4 Ariana Grande & The Weekend  
Love Me Harder
- 3 Sam Smith  
I'm Not The Only One
- 2 Taylor Swift  
Blank Space
- 1 Nick Jonas  
Jealous

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# Classic deli sandwich loses traditional base

**Reuben Strata.** This meal offers you the option of bread on the side but gives sauerkraut the spotlight



**NUTRI-BITES**  
Theresa Albert  
DHN, RNCPT  
myfriendinfood.com

## FLASH FOOD



From your fridge  
to your table in  
30 minutes or less

It's not about the base (yes, I know the song is actually all about the "bass," but this was funnier, no?).

It's about the ratio.

Sandwich bases (bread) add calories, carbs, salt and often sugar to your meal. When you switcheroo the nourishing fillings and dial back the cheesy, fatty bits of a classic, you suddenly have a healthier meal that is just as quick.

Here are ways to bump up the best so you can have your hoagie and eat it, too.

### Ingredients

- 2 cups sauerkraut
- 1/4 cup chopped dill
- 4 tbsp mustard
- 1/2 pound pastrami
- 1 sliced tomato
- 1/4 cup grated Swiss cheese



**TOTAL  
TIME**  
15 MINUTES

This recipe serves four. THERESA ALBERT

### Tuna Salad

Forgo the bread and serve in Boston or Bibb lettuce. Use low fat mayo mixed with grainy (zero calorie!) mustard and grate celery into the mix.

### BLT

Serve open-faced with one slice of crumbled bacon, add a few pieces of lettuce, double up on the tomato and mix low-fat mayo with plain Greek yogurt.

### Grilled Cheese

Choose thin, whole grain rye bread and don't butter it on the outsides. Instead, measure a teaspoon of butter into the hot pan as though you are frying. Grate aged cheddar and add slivers of apple or pear.

### Wraps

Even whole grain wheat wraps are between 150 and 300 calories and are really just a de-

livery system for the filling. Switch to rice paper wraps, which only need a dip in warm water, and then they can hold just about any filling from day-old salad to leftover chicken.

### Reuben Strata

Sauerkraut is a nutritious, high-fibre, prebiotic food that needs to take on a more starring role. This layered casserole feels more like a meal than a sand-

wich, but it couldn't be easier.

1. Preheat oven to 400 F. Empty sauerkraut into colander and rinse under cold water, squeeze dry.
2. Combine dill and mustard.
3. Layer sauerkraut, pastrami, and dill-mustard mix into three layers in a loaf pan. Repeat until out of ingredients.

4. Top with tomato and Swiss cheese. Bake in oven until warmed through and cheese melts, about 10-15 minutes.

5. Serve with whole grain bread and salad.

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## Dinner. Vegetarian Shepherd's Pie



This Vegetarian Shepherd's Pie with Sweet Potato Topping recipe serves six. YVES VEGGIE CUISINE

1. Heat oil in non-stick skillet over medium heat. Add onion; cook, stirring, 5 minutes, until soft. Stir in mushrooms, garlic and herbs, cook for 3 minutes.
2. Stir in flour and ground round, breaking up with a spoon. Cook, stirring, for about 1 minute.
3. Stir in broth, tomato paste,

peas and peppers. Cover and simmer for about 5 minutes, until thickened.

4. Topping: In bowl, stir together hot sweet potatoes and butter. Stir in cheese. Set aside.

5. Transfer ground mixture to

a lightly greased 8-inch (20 cm) square baking pan or 8 cup/2 L casserole). Spoon sweet potato mixture over top.

6. Bake in 350 F (180 C) oven for 40 minutes, or until heated through. Sprinkle with parsley if desired. **YVESVEGGIE.CA/RECIPES**

### Ingredients

- 1 tbsp (15 ml) canola oil
- 1 cup (250 ml) diced onion
- 1-1/2 cups (375 ml) finely chopped mushrooms
- 2 cloves garlic, minced
- 1-1/2 tsp (7 ml) each dried thyme and savory
- 3 tbsp (45 ml) all-purpose flour
- 1 pkg (312 g) Yves Veggie Cuisine Original Veggie Ground Round, or (320 g) Garden Veggie Crumble
- 1-1/2 cups (375 ml) vegetable

broth

- 2 tbsp (30 ml) tomato paste
- 1/2 cup (125 ml) each: frozen peas and diced yellow peppers

### Toppings

- 3 cups (750 ml) mashed cooked sweet potato
- 1 tbsp (15 ml) butter
- 1/3 cup (75 ml) grated Parmesan cheese (or Parmesan flavour grated soy topping)
- 2 tbsp (30 ml) chopped parsley



CIS football

## Nill resigns from coaching post with Calgary Dinos

The University of Calgary announced Monday that football coach Blake Nill has resigned after nine seasons with the Dinos.

Nill posted a 53-19 regular-season record in Calgary. His team won a record six straight Canada West titles from 2008-13, reaching the national final three times.

The Dinos lost the conference final 27-15 to the Manitoba Bisons in 2014.

Nill won two Vanier Cup titles in his eight seasons as head coach at Saint Mary's.

THE CANADIAN PRESS

Projected NHL salary cap

# \$73M

The NHL's board of governors on Monday was given a preliminary estimate that the 2015-16 salary cap will be roughly \$73 million US. That's depending on the status of the Canadian dollar, which currently is worth 88 cents US.

Saying goodbye



"Going forward, we have to play in honour of him, and

he's looking after us. It was a tough morning, but it was nice to see current and former players show up and show their respect."

Canadiens alternate captain Max Pacioretty following a visitation on Monday for hockey legend Jean Beliveau, who died last week at 83.

# Senators drop axe on coach MacLean

**NHL.** Ottawa first in the league this season to fire its head coach

Less than 18 months after being honoured as the NHL's coach of the year, Antigonish native Paul MacLean is out of a job.

The Ottawa Senators fired MacLean on Monday after an 11-11-5 start, though the problems team executives had with the coach extended back into last season when the Senators missed the playoffs.

Senators general manager Bryan Murray told a news conference Monday that assistant Dave Cameron will be the new head coach of the team.



Bryan Murray  
THE CANADIAN PRESS

"I've had some tough days lately," said Murray, who is currently undergoing cancer treatment and watched longtime Senator Daniel Alfredsson retire last week. "This is one of them."

MacLean, the first NHL coach to be fired this season, wore out his welcome among Senators players with tactics that led to many games in which they were outshot. Through 27 games, Ottawa has given up the second-most shots in the league behind only the Buffalo Sabres.

Murray, who broke the news to MacLean at 9:30 a.m. Monday morning, said he had



The Ottawa Senators fired head coach Paul MacLean, right, on Monday. Dave Cameron, left, who was his assistant, was named as his replacement. GETTY IMAGES FILE

On the defensive

# 5.6

MacLean's defensive tactics that allowed opponents easy entry into the attacking zone were responsible for the Senators being outshot 34.4 to 28.8 on average this season — a difference of 5.6 shots.

"Some of the better players felt that they were singled out a little too often maybe," said Murray. "That's today's athlete. They want to be corrected, coached, given a chance to play without being

the centrepiece of discussion in the room."

Murray said he thinks Cameron's teaching style will be more effective.

"I think he'll relate a little bit to what we need here with some of our youth in particular," said Murray, who agreed with one reporter that communication with MacLean had become a "one-way street."

Cameron has extensive coaching experience at the Junior A and AHL levels, including coaching the 2011 Canadian world junior team, but has never been an NHL head coach. THE CANADIAN PRESS

# Rangers put Penguins on ice in overtime



The Rangers' Kevin Klein, left, checks the Penguins' Rob Klinkhammer on Monday night in New York. BRUCE BENNETT/GETTY IMAGES

Kevin Klein, bloodied earlier by a high stick that ripped off part of his ear, fired in a slap shot 3:45 into overtime to give the New York Rangers a 4-3 victory over the Pittsburgh Penguins on Monday night.

Klein, a defenceman showing off his offensive skills recently, scored for the second straight game and for the sixth time this season, a career high. He rescued the Rangers, who blew a 3-1 lead late in the third period when Pittsburgh scored twice in 24 seconds to tie it.

On Monday

# 4

Rangers

# 3

Penguins

Part of Klein's left ear was severed and reattached during the game, Rangers coach Alain Vigneault said.

Rick Nash broke a second-period tie with his sixth goal

in eight games, and Henrik Lundqvist returned to the net with 32 saves for New York.

Pittsburgh wore its old-school black-and-gold uniforms but fell to 9-2-2 on the road. New York has earned a point in eight of the last nine regular-season meetings with the Penguins (5-1-3).

Cole Harbour native Sidney Crosby has gone seven games without a goal and has just one in his last 10 games. However, he leads the NHL with 26 assists in 27 games this season. THE ASSOCIATED PRESS



# United stumbling up ladder

**Third place.** In spite of Southampton's much stronger game, Van Persie saves the day for Manchester away

Two clinical finishes from Robin van Persie gave Manchester United a 2-1 victory against Southampton in the Premier League on Monday, despite the visitors being pegged back for much of the game at St. Mary's.

Van Persie scored with United's only two efforts on target to give Louis van Gaal's side its fifth win in a row and overtake Southampton in third place. Southampton dropped to fifth behind West

Ham after its third straight loss against the teams it hopes to challenge for a top-four spot: Manchester City, Arsenal and United.

Van Persie punished a wasteful performance from the home side, which created enough chances to win the game comfortably.

He took advantage of a defensive blunder to put United ahead after 12 minutes, and went unmarked to meet Wayne Rooney's free kick at the far post to poke in the winner after Graziano Pelle had levelled for Southampton in the 31st.

"I don't think we played our best football today," Van Persie said. "In the end, it's a fifth straight victory. We're on the way up."

United's opener came when Southampton captain Jose Fonte hit a poor backpass to goalkeeper Fraser Forster and Van Persie ran through, waited for Forster to dive and stroked the ball through his legs and into the far corner.

But United was unable to build any momentum from its goal, as Southampton relent-

lessly attacked in search of an equalizer.

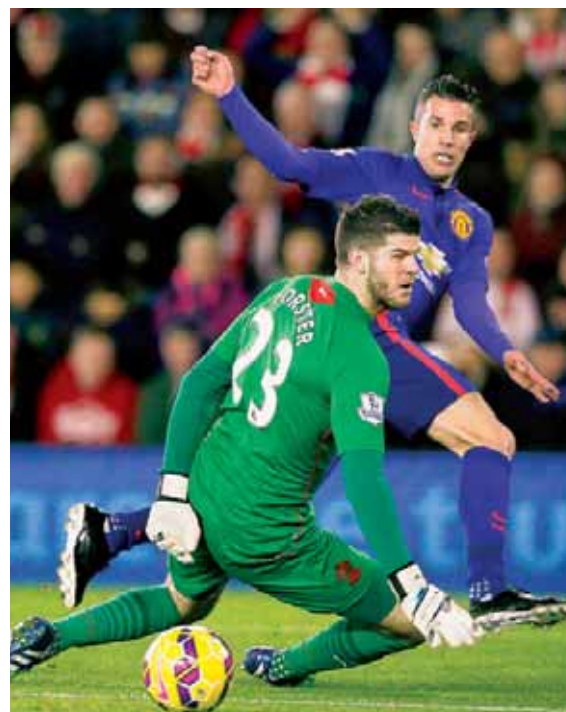
It finally came after Marouane Fellaini gave the ball away in midfield, and Dusan Tadic initiated a quick attack. He played the ball out to Shane Long on the edge of the area, who returned it with a high cross. Tadic's effort was blocked by Paddy McNair, but the ball fell to Pelle, who converted from close range.

Long could have put Ronald Koeman's side ahead in the 34th but blasted high and wide from close range after McNair failed to clear a touch from Sadio Mane.

Southampton's dominance was so strong that Van Gaal felt compelled to take off the struggling McNair in the 39th and replace him with Ander Herrera.

"We lost not to Manchester United tonight, we lost to ourselves," Koeman said. "We did everything. We created chances. We did mistakes, maybe they did more mistakes but they had players who handle that type of mistake and that was the difference."

THE ASSOCIATED PRESS



United's Robin Van Persie scores the opening goal past Southampton's goalie Fraser Forster in Southampton, England. ALASTAIR GRANT/THE ASSOCIATED PRESS

## Big Ten

### Trainer to look for concussions in video replay

An independent athletic trainer stationed in the video replay booth will be on the look-out for players who show visible signs of a concussion during Big Ten football games.

The Big Ten announced Monday its Council of Presidents and Chancellors approved the move Sunday at a meeting in Indianapolis.

The athletic trainer will have his or her own video monitor and have the ability to directly contact officials on the field. The independent athletic trainer will be in addition to the continued presence of on-field doctors and athletic trainers from each school.

THE ASSOCIATED PRESS

## MLB

### Cubs sign Jason Hammel for \$20M US: Source

Pitcher Jason Hammel agreed to a \$20 million US, two-year deal to return to the Chicago Cubs, a source tells The Associated Press.

The source says the deal includes a \$12 million club option for 2017 with a \$2 million buyout. If the option is exercised, the contract would be worth \$30 million for three seasons.

The 32-year-old right-hander was 8-5 with a 2.98 ERA in 17 starts for the Cubs before he was traded to Oakland on July 5 with pitcher Jeff Samardzija. He went 2-6 with a 4.26 ERA for the Athletics.

THE ASSOCIATED PRESS

## MLB

### Yankees' Miller OK with idea of setting up for Robertson

Andrew Miller would be happy setting up for David Robertson rather than closing for the New York Yankees.

"I would have absolutely zero qualms about him being in the mix," Miller said Monday, three days after agreeing to a \$36 million, four-year contract. Robertson expected to command far more than Miller, and it's unclear whether he'll re-sign with the Yankees.

THE ASSOCIATED PRESS

## Turf war. Players take Valcke up on offer to meet

There was a win and loss Monday for both sides, in the legal challenge of artificial turf at next year's Women's World Cup.

The Human Rights Tribunal of Ontario, in an interim ruling, denied the players' request to reconsider their request for an expedited hearing, previously turned down.

But vice-chair Jo-Anne Pickel also rejected FIFA's argument that it had not received "effective legal notice" of the proceedings. In so doing, the tribunal ruled the case can proceed.

The players allege that having the women play on artificial turf is discriminatory because the men play their showcase tournament on natural grass.

FIFA argues the laws of the game permit use of artificial turf as long as it meets standards, and says the surface makes sense for the Canadian climate.

"FIFA's effort to evade the jurisdiction of the Ontario Human Rights Tribunal has failed," said Hampton Dellinger, lawyer for the players.

Earlier Monday, the players offered to meet FIFA Secretary-General Jerome Valcke in Brazil to discuss their differences.

Lawyers for the players made the offer after Valcke said Friday he would only talk with



FIFA's Jerome Valcke  
THE ASSOCIATED PRESS

the players in person. He had earlier rejected the offer of a conference call.

"The players accept your offer to meet with them and propose doing so in Brazil during the upcoming International Tournament of Brasilia," Dellinger wrote in a letter Monday to Valcke. "Please let me know the date and time you would like to meet with Abby Wambach, Marta Vieira da Silva, and others who can serve as designated negotiators for the players."

Wambach and Marta are with their U.S. and Brazilian teams in Brazil for a tournament. THE ASSOCIATED PRESS

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## AUGMENTED REALITY

**Stuck on 12 Across?**  
**Scan this image with your Metro News app for today's crossword and Sudoku answers. It's OK. No one's watching.**



→ See the full instructions on Metro's Voices page.

## Horoscopes by Sally Brompton

### ♈ Aries

**March 21 - April 20**

What occurs today will cause you to question some of your most deeply-held beliefs. Could it be the world is not designed the way they told you it was?

### ♉ Taurus

**April 21 - May 21**

Refuse to settle for second best in anything you do. The standards you set now are the standards you will have to live by for the next few months, so aim high.

### ♊ Gemini

**May 22 - June 21**

It may look as if you are the only one who knows what's going on at the moment but the planets warn you could be kidding yourself.

### ♋ Cancer

**June 22 - July 23**

Don't scatter your energy in too many directions today or you may fail to reach your number one goal. That would be a shame because there is much you can accomplish.

### ♌ Leo

**July 24 - Aug. 23**

Be enthusiastic about what you have to do today. Even if it is the last thing you want to be doing you have no choice but to see it through to the end.

### ♍ Virgo

**Aug. 24 - Sept. 23**

You will need a great deal of patience over the next 24 hours, especially when dealing with authority figures.

### ♎ Libra

**Sept. 24 - Oct. 23**

You will hear something today that sounds too good to be true and you are right to be suspicious. What you are told is only half the story.

### ♏ Scorpio

**Oct. 24 - Nov. 22**

You need to let go of things you no longer need, especially things that have become a drain on your time and energy.

### ♐ Sagittarius

**Nov. 23 - Dec. 21**

Sometimes you are suspicious for no good reason but today you are right to be skeptical of what you see and hear. You need to question what work colleagues are telling you.

### ♑ Capricorn

**Dec. 22 - Jan. 20**

You need to put your financial house in order. Yes, you will have to make cutbacks, but in the long-term it will be worth it. Less means more.

### ♒ Aquarius

**Jan. 21 - Feb. 19**

Today may not be the most exciting day, but it will be important, not least because the motives of someone you have important dealings with will at last be clear to see.

### ♓ Pisces

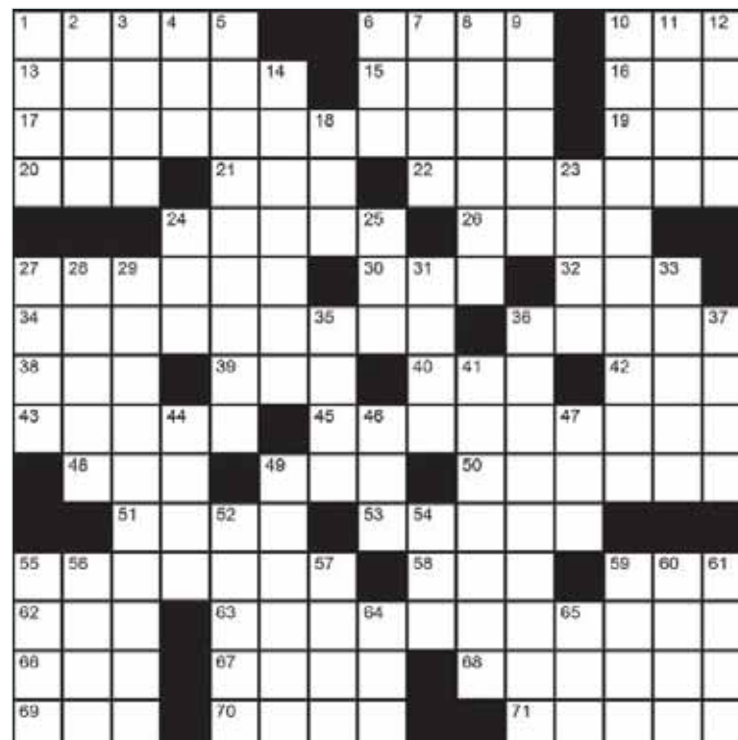
**Feb. 20 - March 20**

You need to deal with a situation that has been bothering you for several weeks. It may require you to make a decision that is in some way final.

## Crossword: Canada Across and Down by Kelly Ann Buchanan

### Across

1. Rocker Mr. Lewis'
6. Li'l quantities
10. Haul
13. Talent show Cat Deeley hosts [acronym]
15. Villain's chuckle
16. Identity part
17. Gwich'in activist (b.1934 - d.2010) who advocated for rights of Aboriginal and northern women. She is also a Member of the Order of Canada.: 2 wds.
19. \_\_\_ mode: 2 wds.
20. Flight simulators co.
21. Sarcastic
22. Tweezers/stencils purchase: 2 wds.
24. President's Choice's Mr. Weston
26. "What's Hecuba to him \_\_\_ to Hecuba..." - Hamlet
27. Ablaze: 2 wds.
30. Long time
32. Richard Wagner aria: "\_\_\_, Mein Holder Abendstern"
34. Christmas-y village in Quebec, \_\_\_
36. Beyonce's 'I Am... \_\_\_ Fierce'
38. Li'l roads
39. Enlightenment in Buddhism
40. \_\_\_-eyed
42. Canadian actress Sandra's
43. Eights: Spanish



45. Vancouver Island community known for its murals
48. Cleave
49. Modern
50. Potential response to "Will you ever?": 2 wds.
51. Network of nerves
53. Some fishies

55. Commonplace
58. Name: French
59. Geog. coordinate
62. Pitcher's stat.
63. This northern Saskatchewan settlement's name reflects its mining heritage: 2 wds.
66. Guys

67. Taboo
68. Salmon: French
69. Not: French
70. Understood
71. Free: French

### Down

1. \_\_\_ Bank Canada
2. Scottish island

9. Mister: Spanish
10. Madonna's "Rebel Heart", recently: 2 wds.
11. Fancy fruit
12. Bearded animal
14. Singer Ms. Love
18. "Affirmative, Admiral!"
23. "Slow down!"
24. Cotton \_\_\_
25. Born, in Boucher-ville
27. Bone, in Italy
28. "Of course!", slangy
29. \_\_\_ Cove (Attraction in Eastern Passage, NS)
31. Ye's follower
33. Casual 'yes'
35. As soon as...
36. Whale, for one: 2 wds.
37. Abbreviated aide
41. Foreboding
44. Due, as dollars
46. Very warm
47. '\_\_\_' for Iqaluit
49. Nerve cell
52. Spare tire locale
54. Single
55. \_\_\_ hearts (Health store purchase)
56. Fertilizer component
57. Horse's 'hair'
59. Branch
60. 'Origin' suffix
61. Ms. Daly
64. This moment
65. \_\_\_ bono? = For whose benefit? ...in Latin

## Yesterday's Crossword



### Online

See today's answers at [metronews.ca/answers](http://metronews.ca/answers)



## Conceptis Sudoku by Dave Green

### How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

## Yesterday's Sudoku



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Sorento EX shown<sup>6</sup> - hwy / city 100km<sup>7</sup>: 9.0L/12.7L

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Forte SX shown<sup>6</sup> - hwy / city 100km<sup>7</sup>: 5.3L/8.0L

Offer includes a \$4,500 cash credit<sup>10</sup> and excludes delivery, destination, PPSA and fees. Offer based on new 2015 Forte LX MT (FO541F) with a selling price of **\$15,995**.

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Sportage SX Luxury shown<sup>6</sup> - hwy / city 100km<sup>7</sup>: 7.0L/10.0L

Offer excludes delivery, destination, PPSA and fees. Offer based on new 2015 Sportage LX MT (SP551F) with a selling price of **\$22,995**.

2015 **RIO** LX MT

CASH PURCHASE PRICE FROM  
**\$10,495<sup>4</sup>**  
INCLUDES **\$3,600** IN CASH CREDIT<sup>10</sup>



Rio4 SX with Navigation shown<sup>6</sup> - hwy / city 100km<sup>7</sup>: 5.3L/7.3L

Offer includes a \$3,600 cash credit<sup>10</sup> and excludes delivery, destination, PPSA and fees. Offer based on new 2015 Rio LX MT (RO541F) with a selling price of **\$14,095**.



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for Atlantic drivers.



Offer(s) available on select new 2014/2015 models through participating dealers to qualified retail customers who take delivery from December 2, 2014 to January 2, 2015. Dealers may sell or lease for less. Some conditions apply. See dealer for complete details. Vehicles shown may include optional accessories and upgrades available at extra cost. All offers are subject to change without notice. All pricing excludes delivery and destination fees up to \$1,665, PPSA, other fees and certain levies (including tire levies) and A/C charge (\$100, where applicable), licensing, registration, insurance, and other taxes. Other lease and financing options also available. "Don't Pay Until Next Year" (60-day payment deferral) applies to purchase financing offers on all new 2015 models on approved credit. No interest will accrue during the first 30 days of the finance contract. After this period, interest starts to accrue and the purchaser will repay the principal interest monthly over the term of the contract. Offer ends January 2, 2015. "Cash bonus amounts are offered on select new 2014 models and are deducted from the negotiated purchase price before taxes. Available on cash purchase offers only. Offer varies by trim. Certain conditions apply. \$6,000 maximum cash bonus amount only available on the new 2014 Optima Hybrid EX (OPH4E) and includes a \$1,000 ECO-Credit. "Cash purchase price offer for the new 2015 Rio LX MT (RO541F)/2015 Forte LX MT (FO541F) with a selling price of \$10,495/\$11,495 includes \$3,600/\$4,500 cash credit and excludes delivery and destination fees of \$1,465 and \$19 PPSA. Total obligation is \$12,959/\$13,059. See retailer for complete details. "Cash credit amounts are offered on select new 2014/2015 models and are deducted from the negotiated cash purchase price before taxes. Available on cash purchase offer only. Offer varies by trim. Certain conditions apply. Offer ends January 2, 2015. See your dealer for complete details. "Representative finance example: 0%/0%/1.99% financing offer for up to 84 months available to qualified retail customers on approved credit for the new 2015 Sportage LX MT FWD (SP551F)/2015 Sorento 2.4L LX AT (SR75BF)/2015 Sorento 2.4L LX AT AWD (SR75CF) with a selling price of \$22,995/\$24,995/\$26,495 which includes a \$0/\$2,000/\$2,500 loan rebate and excludes delivery and destination fees of \$1,665, \$79 PPSA and A/C charge (\$100, where applicable). 364 weekly payments of \$63/\$69/\$78 for 84 months with \$0 down payment. Credit fees of \$0/\$0/\$1,895. Total obligation is \$24,839/\$26,839/\$30,232. See retailer for complete details. "Model shown Manufacturer Suggested Retail Price for the new 2015 Rio4 SX with Navigation (RO749F)/2015 Sorento 3.3L EX AT AWD (SR75HF)/2015 Sportage SX AT Luxury AWD (SP759F)/2015 Forte SX (FO748F) is \$22,395/\$34,495/\$38,495/\$26,695. "Highway/city fuel consumption is based on the 2015 Rio LX-ECO AT/2015 Sorento LX 2.4L GDI 4-cyl AT/2015 Sportage 2.4L 4-cyl AT/2015 Forte 1.8L MPI 4-cyl MT. These updated estimates are based on the Government of Canada's approved criteria and testing methods. Refer to the EnergyGuide Fuel Consumption Guide. Your actual fuel consumption will vary based on driving habits and other factors. "Loan rebate amounts are offered on select new 2014/2015 models and are deducted from the negotiated purchase price before taxes. Available on financing offer only. Offer varies by trim. Certain conditions apply. Offer ends January 2, 2015. See your dealer for complete details. " \$1,000 Holiday Bonus amounts are offered on select new 2015 Winter Edition models and are deducted from the negotiated purchase price before taxes. Available on financing offers only, on the 2015 Forte LX-AT Winter SE (FO745F), 2015 Rondo LX AT (5-seat) Winter SE (RN753F), 2015 Rondo LX AT (7-seat) Winter SE (RN751F) and 2015 Optima LX AT Winter SE (OP745F). Offer ends January 2, 2015. Information in this advertisement is believed to be accurate at the time of printing. For more information on our 5-year warranty coverage, visit Kia.ca or call us at 1-877-542-2886. Kia is a trademark of Kia Motors Corporation.